



First Aid Awareness

The syllabus includes, for example:

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| Legislation | Breaks |
| Accidents | Dislocations |
| Airway | Strains and sprains |
| Breathing | Eye injuries |
| CPR | Head injuries |
| Examining a casualty | Dressings |
| Circulation | Bandages |
| First aid boxes | Poisoning |
| Burns | Heart attacks |
| Sunburn | Shock |
| Heat and cold | Vomiting and diarrhoea |
| Priorities | Summoning help |
| Bruising | ... and a lot more! |
| Bleeding | |